

Teitl:
**Title: Carers and Young
Carers Policy**



Dyddiad Cyhoeddi:
Issue Date: February 2019

Adolygu a Chymeradwyo / Review and Approval

Cyfrifoldeb: Responsibility:	Karen Senior
Corff Cymeradwyo: Approval body:	Safeguarding Group
Dyddiad Cymeradwyo: Approval date:	November 2019
Amllder Adolygu: Review Frequency:	3 Years
Dyddiad Asesu'r Effaith ar Gydraddoldeb: Equality Impact Assessment Date:	November 2019
Dyddiad y Daw i Ben: Expiry Date:	November 2022

Cwmpas / Scope

Sicrhewch fod y polisi/strategaeth yn cynnwys datganiad cwmpas sydd yn nodi at bwy neu beth mae'r polisi yn berthnasol iddynt. Er enghraifft: pob gweithiwr, myfyriwr, system gyfrifiadurol, taliad cerdyn credyd.

Please ensure that the policy/strategy includes a scope statement that specifies to who or what the policy applies. For example: all employees, all learners, all computer systems, all credit card payments.

*I'w bennu gan y Rheolwr Gweinyddol a Gwasanaethau Cwsmeriaid /
To be assigned by the Admin & Customer Service Manager*

Cyfeirnod: *Ceir ei bennu wedi cymeradwyo'r ddogfen*
Reference: *This will be assigned to the document on approval*

Fersiwn:
Version:

Dosbarthiad: *Hynod Gyfrinachol / Cyfrinachol / Dogfen Arferol*
Classification: *Highly Confidential / Confidential / Normal*

Young Carer Policy

Introduction/ Policy Statement

Coleg Cambria is committed to supporting carers and young carers' emotional, educational and personal development to enable them to aspire and achieve in education regardless of complexities of their personal needs and home circumstances. This policy sets out how we will live up to our commitment in conformity with Estyn recommendations for assisting carers and young carers and, the provisions of The Children and Families Act 2014 relating to increasing their participation in education and supporting carers and young carers with special education needs.

Purpose

Being a carer or young carer can have a serious adverse effect on a student's education. Because they struggle to balance their care responsibilities at home with expectations at college, a young carer is likely to regularly experience any one or more of the following:

- Being late or absent due to fulfilling care responsibilities at home
- Concentration problems in the classroom
- Emotional distress – anxiety, anger, fear, worry, self-doubt
- Mental and/or physical fatigue or tiredness
- Lack of time to complete coursework on time or at all
- Academic underachievement relative to peers
- Physical problems such as back pain from lifting or other physical care duties
- False signs of maturity linked to assuming adult roles and responsibilities
- Attitudinal/Behavioural problems e.g. isolation; challenging; disruptive; disengaged
- Lack of time for extra-curricular activities at College or at home
- Aloof/Isolated - embarrassed to take friends home
- Limited social skills and missing on 'normal' childhood/adolescent life experiences
- Bullying – victim or perpetrator
- Feeling that no one understands or cares about them and that no support is available
- Low self-esteem and a feeling of being incompetent (often unjustified)

Definition

For differentiation, a young carer is a child or young person under the age of 18 living with and providing regular significant personal, physical or emotional care support to another family member, assuming a level of responsibility which would usually be associated only with an adult. A carer or young carer can be caring for any of the following reasons:

- Parent or sibling with mental health problems
- Parent or sibling with a learning or physical disability
- Parent or sibling with an entrenched alcohol or substance misuse problem
- Parent or sibling with a chronic or terminal illness

Support offered

Coleg Cambria undertakes that the following support is available for all carers and young carers within the college:

- Coleg Cambria has an identified carer and young carer's lead and link/representative.
- Any student who is identified as a carer or young carer whilst at the College will be referred to appropriate services subject to his/her consent.
- The College has a procedure for identifying carers and young carers on enrolment into the college.
- The College will be flexible with occasional late attendance due to a carer and young carer's caring role; where this is a regular occurrence of lateness provision will be put into place to find a solution complying with all current policies.
- The College will make every effort to ensure that the root cause of any lateness is made apparent to staff and that appropriate support is sourced.
- Coleg Cambria will at all times be flexible with regards to carer and young carer's issues and their needs upholding confidentiality.
- The College acknowledges that carers and young carers will not be obliged to discuss their family situation unless they feel comfortable. A student's caring role will be acknowledged and respected.
- Coleg Cambria will ensure carers and young carers can access all available pastoral and other support services at college.
- The College will provide carers and young carers with opportunities to speak to someone in private and will not discuss their situation in front of their peers.
- Coleg Cambria will provide access to a phone during breaks and lunchtime for carers and young carers to call home if they feel the need to do so.
- Coleg Cambria will seek to negotiate reasonable deadlines with carers and young carers for completion and submission of coursework (when needed).
- The College will provide access for parents with impaired mobility.
- The College will provide alternative communication options for parents of young carers who are sensory impaired or are housebound; this will include alternative communication options for parents' evenings.
- Appropriate provisions will be put into place for young carers whose parents do not drive due to illness or disability. (Following safeguarding procedures at all times).
- Coleg Cambria will always report any cases of a young person who may be carrying out an inappropriate caring role which is causing immediate concern for their safety.
- The College will commit to accessing and providing training for staff about carers and young carers and their issues.

This Policy is available in both Welsh and English.