



**COLEG
CAMBRIA**

Sex and Relationships Education(SRE) Policy

Policy Name:	Sex and Relationships Education Policy
Date Equality Impact Assessment completed:	November 2019
Presented for Approval:	November 2019
Approved by:	Safeguarding Group
Review Date:	November 2022
Author:	Head of Student Services

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Introduction/Policy Statement

Coleg Cambria plays a central role in having a positive and sustained impact on the health and well-being of all its learners. The college recognises that certain groups of learners may benefit from access to sex and relationships education as part of their learning programme.

It is anticipated that the majority of FE learners attending the college's programmes will have an appropriate level of knowledge and understanding as a result of having previously accessed sex and relationships education at school. For these learners the focus will be on Safeguarding, Staying Safe and Personal Social Education (PSE) as part of their tutorial programme.

It may be appropriate for certain groups of learners to access additional guidance:

- Learners enrolled onto Independent Living Skills programmes
- Learners with severe learning difficulties (SLD)
- Learners with moderate learning difficulties (MLD)
- Learners on Health and Social Care programmes

Where a need is identified learners will receive high-quality sex and relationships education (SRE) as part of their programme.

Risk

Failure to support and educate learners –ensuring we mitigate against unplanned pregnancies, STIs and Sexual Exploitation.

Definition

Sex and relationships education (SRE) is learning about the emotional, social and physical aspects of growing up; relationships; sex; human sexuality; and sexual health. It should equip young people and vulnerable adults with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and wellbeing.

Aims/Objectives

Sex and Relationships Education at Coleg Cambria aims to equip young people on identified courses with the information, skills and values they need to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being. The focus of sessions aimed at vulnerable learners will be on Staying Safe and Positive Relationships. Sex Education topics will be covered in line with each learner's needs and level of understanding.

In line with each learner's individual needs and level of understanding the college will support learners to:

- Develop confidence and respect towards themselves and their relationships with others.
- Understand the importance of stable, secure and loving relationships.
- Develop a responsible attitude to sexual relationships.
- Understand the laws relating to sexual behaviour.

- Acknowledge the consequences and risks of sexual activity, including unplanned pregnancy and sexually transmitted infections (STIs).
- Understand the links with other risk-taking behaviours, including the potential risks of online social networking.
- Recognise cultural and social influences and resist unwanted pressure.
- Negotiate their emerging sexual identity with confidence.
- Know about the methods and availability of contraception and the prevention of STIs.
- Understand the responsibilities of being a parent.
- Know how to get consistent, appropriate information on sexual health and well-being from a range of agencies.

Delivery

Coleg Cambria will provide a supportive learning environment in which open and non-judgmental discussions about SRE can occur. A comprehensive SRE timetable will be delivered by trained college staff and / or approved external providers.

- Students will learn about SRE using approaches that provide:
- Consistent accurate and age appropriate information presented simply and clearly.
- Appropriate learning environment, where learners feel secure enough to take part.
- Ensuring ground rules are in place for each class to establish clear parameters regarding what is appropriate and inappropriate in a whole class setting.

The following topics may be included for learners with severe learning difficulties or moderate learning difficulties as appropriate. Lessons will be tailored to individual learner needs and their level of understanding:

- Body Changes / Puberty
- Staying Safe / Online safety
- Contraception
- Safe sex and STIs
- Sexual Orientation
- Sexual Exploitation
- Sources of advice & support

Teachers will attempt to answer general questions from learners honestly considering learner ability and level of understanding and will deal honestly, sensitively and in a non-judgemental way with sexual orientation.

The college recognises the value of involving outside speakers within the SRE programme as appropriate. Where outside speakers are invited into the college, they will be made aware of the contents of the SRE policy prior to the visit in order to ensure consistent messages are delivered. If outside speakers are used to support the SRE programme, a member of staff will be present throughout.

Parents / Carers of vulnerable learners will be invited to give permission for them to participate in SRE sessions. Parents / Carers are welcome to contact the college and make arrangements to see the appropriate Director / Deputy Director and discuss any aspects of the SRE programme. The views and opinions of the young person will also be considered and where

they differ from the views of parents / carers the college will aim to identify and agree an acceptable outcome. The independent views of learners aged 18+ will be carefully considered.

Confidentiality

The boundaries of confidentiality will be made clear to learners. Confidentiality may be broken against the wishes of the person confiding the information when necessary:

- where a safeguarding / wellbeing issue is identified (Refer to Safeguarding Policy)
- where the life of a person is at risk or there is risk of serious harm to others
- when criminal offences are disclosed

Equality

All learners, their parents and guardians, volunteers, staff and governors are valued and will be treated with dignity and respect. The college will not tolerate any form of discrimination, harassment or victimisation. We will work across our college community to ensure our commitment to equality and fairness is shared and take steps to ensure that our college is accessible, welcoming and inclusive.

Communication & Bilingualism

This Policy will be provided in both Welsh and English

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Lifespan of Document

The Policy will be reviewed every 3 years.

Implementation Plan

The Safeguarding Officer will ensure that the Policy is implemented effectively. The college will ensure that there is adequate training and resources for all staff involved in the delivery of the aims and objectives of the Sex and Relationships Education Policy.

Key Performance Indicators & Standards

The College Safeguarding Officer will collate all reports and present statistics and action plans to the College Safeguarding Group meetings. It is not feasible to set performance targets, but trends are expected to be downwards and urgent action will be determined by the Safeguarding Group if this is not the case.

References

(The Family Planning Association (FPA) www.fpa.org.uk)

Welsh Assembly Government Circular 019/2010:

Sex and Relationships Education in schools

Personal and Social Education Framework for 7 to 19-year-olds in Wales (2008)

Welsh Assembly Government: Science in the National Curriculum for Wales (2008)

Guidance for Employees and Volunteers whose work brings them into contact with Children and Young People'

Wrexham Safeguarding Children Board 2008