

# Need help with your studies?



Our academic skills teams can offer individual support with any of these:



**Finding information for assignments**



**How to make notes in class**



**Understanding your assignments**



**Writing style and essay planning**



**How to reference**



**Exam preparation and revision**



**Time management and organisation**



**Digital skills**

Scan or click on the QR code to make a booking



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 **library@cambria.ac.uk**